



	Living in the Wider World		Health and Wellbeing		Relationships	
	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
<b>Year 1</b>	Class and Group Expectations Everyone is unique Looking after our school	Looking after our gardens and environment Where money comes from Saving and spending money	Asking for help if we are worried Keeping our bodies safe First Aid Healthy and unhealthy foods	Exercise Keeping clean How humans grow and change Families and care Change and loss and how this feels	The importance of family Choosing and making friends Secrets and keeping safe, including online NSPCC Pants Rule	Identifying difference Respecting difference Recognising and sharing my feelings Jealousy
<b>Year 2</b>	Getting help from the community Expectations when living in the wider world Looking after our school	Looking after our gardens and environment Keeping track of money How to spend money safely	Understanding nutritional content Keeping our bodies safe Keeping safe in different situations Keeping safe away from home and school	First Aid Differences: Boys and Girls Differences: Male & Female Naming the body parts Setting goals and recognising what we are good at Change and loss	Our role as part of a family Characteristics of a friendship Listening to others and playing cooperatively Privacy Appropriate and inappropriate behaviours – teasing and bullying	Respectful peer relationships Identifying difference Valuing difference Emotions in different situations Body Language Worry and Anger
<b>Year 3</b>	Identify what is meant by a ‘moral citizen’ Being involved in the community Enterprise	Developing skills in enterprise Looking after our planet Effect we are having on our planet	Making healthy choices Preparing healthy meals Smoking Personal hygiene: bacteria and viruses	First Aid – Asthma Attacks/ Bleeding Differences: Male & Female Personal Space Change and loss: Grief Setting goals and recognising what we are good at	Differences between families Defining healthy friendships Recognising what bullying is How to respond when you think someone is being bullied	How actions affect ourselves and others Conflict in peer relationships Everyday feelings Expressing feelings Managing feelings
<b>Year 4</b>	Recognising and managing risk in our local area Recognising and managing risk in the world Managing money effectively	Gambling Loans and interest Sustainability How we can be sustainable	Risks of an inactive lifestyle Food Groups Dental Health Effects of alcohol Alcohol and risk Limits to drinking alcohol	First Aid – Broken bones The human lifecycle What is puberty? Puberty changes and reproduction Loss and bereavement	Feeling unsafe Staying safe online Solving disputes and conflicts amongst friends Listening to others	Recognising difference and diversity Showing acceptance and accepting difference When is it appropriate to keep a secret? Mental health and self-care Jealousy
<b>Year 5</b>	Rules and Laws Anti-social behaviour The importance of finance	Looking after money (debt management) Actions affecting the oceans Actions affecting the climate (global warming)	What positively and negative affects health and wellbeing? Making informed choices –benefits of a healthy and balanced diet Legal and illegal drugs	First Aid – Burns and choking Sun damage Strategies for managing personal safety Talking about puberty Male and Female Changes Puberty and Hygiene	Marriage Listening to others and learning from others Exploring friendship Negotiation and compromise – seeing all views and opinions	Responding to racist behaviour Exchanging dialogue and expressing opinions Mental health and keeping well Managing challenges and change Anger Adults and children’s views on feelings and emotions
<b>Year 6</b>	The rights of a child (cultural practice and British law) Being critical of what is in the media Influencer marketing	KS2 enterprise project How resources are allocated to the world Difference between fair trade and how it affects others	Seeking health support Poor diet Images in the media – how does this affect our wellbeing? Drugs – preventing early use	First Aid – Unresponsive (breathing and not breathing) Resisting pressure – how to protect our body and speak out when something is wrong – FGM Prevention of Illness Puberty and Reproduction Conception and Pregnancy	Understanding relationships Communicating in relationships Being safe What makes people the same/different?	Recognising and challenging stereotypes Seeking support Who can you trust? Transition – feelings and common anxieties